

## Healthy Eating!

Here at the Oasis Centre we are looking for traditional healthy recipes from the Wisbech area. We are asking local people to write to us with their favourite local dishes. When we have collected enough recipes we will compile them into a cook book free for everyone to use.

This Salad was first documented in Isobels Home Cookery, from August 1899 in Peckover House.

**Flemish Salad.** Cut up (not too small) some cold cooked potatoes, brussel sprouts, seakale or celery, cauliflower, beetroot and apples. Mix all this with filleted Dutch herring and oil with vinegar dressing. A great dish to sit outside in the garden.

Contact Peckover house on 01945 583463



## Jobs Fair

On the 19th of July the Oasis centre hosted a Jobs Fair, which was opened by John Elworthy from the Wisbech Standard.

It was a great opportunity for local people to look for a job and to seek advice about a career change.

The Jobs Fair was in association with future steps a Fenland Partnership, which involved Job Centre Plus, Investing in Communities, Sencia, Seotec, Fenland District Council, Chamber of Commerce, Enterprise Fenland and Wisbech Community Development Trust (Oasis Centre)

The Other organisations, which were there, provided information and guidance about employment and skills training.



## Wisbech has talent!

On Friday August 31st get ready for a fantastic event. We are looking for a variety of acts to come down to the Oasis centre and strut their stuff. All acts are welcome, dancing, singing even comedy that will entertain the family. If you have a talent we want to see it.

There are prizes for the best acts so don't hang around, come down and join the fun!

Register at the oasis centre or call 01945 461526 alternatively e-mail cherry@theoasiscentre.co.uk.

## Oasis new friends club

Due to demand we are starting a new club which is open to everyone, its been set up so people can meet and make new friends and organise events for themselves. For example you may enjoy Bingo or dancing. Meeting dates will be posted in the next issue.



## Annual general meeting 13th of November

The Oasis centre has an open invitation to members of the public to come along and show their interest in the Community Centre. So if you have any questions about the centre or would you like to know where the charity money is being spent come along and talk to us.

## Investing in the Waterlees Community

This is a government funded programme based on the Waterlees estate, which aims to encourage Waterlees people to join in formal and informal learning opportunities. Development Worker **Wendy Stevenson** said "So far we have run a variety of short taster courses including, Nail Art, Yoga and IT to name just a few. We have also run courses, which are designed to help people move into work, for example Health and Safety, First Aid and Fork Lift training. Which have been very popular. A number of people have also gained qualification in English and Maths that are the equivalent of GCSE C and above." New courses are starting in September.

She is also looking to recruit local Learning Champions, these are people who are active in their local community and would like to meet people and encourage them to take part in learning new skills in their local area. All volunteer Learning Champions will be given training and as part of this will undergo a CRB check. If you would like to find out more about being a Learning Champion and the courses on offer or have ideas about what learning opportunities you would like to see on the Waterless estate then please contact **Wendy on 07813 811742.**

FREE Course Starting Soon on Waterlees  
Emergency First Aid for Parents, Focus on You and Confidence Courses, Basic IT, First Time on Line, English, Maths

## Your Trust

Barry Diggle is the Trust Secretary here at the Oasis Centre. He has been with the Trust Charity for over 12 months. Barry has lived in Wisbech nearly all of his life. He started work as an apprentice Plumber in Osbourne road, then after a few years went on to work at Metal Box in Wisbech where he stayed for 28 years. This position enabled Barry to meet many Wisbech people and Barry said, "the company had a warm community spirit and was a friendly environment to work in." This background encouraged him to go into public service



as a town councillor and eventually to become Wisbech Town Mayor.

When we asked Barry about his role at the Oasis Community Centre Barry said "I strongly believe in serving the Wisbech

community as a Town Councillor and Oasis trust member I am happy to play a supporting role – Wisbech is a great place to live and has so much to offer"

## Nursery News



Bernardos fund raiser. The Oasis Nursery children braved the wet conditions when they recently went out to do a toddle waddle. They were helped along by nursery staff and parents to raise money for the deserving charity. At 1.30pm on the 3rd of July the children walked all the way from the Oasis centre down Tinkers drove to the main park in Wisbech. As the rain poured down and thunder clapped over

head the children and adults sang nursery rhymes, proving that not even the wet weather could dampen their spirits. The children managed to raised over £400 for the charity. Hayley who works as a Nursery Nurse at our centre organised the event and coordinated the whole day. She said "it was a great day even though the weather was bad, I think they children really enjoyed and loved splashing in the puddles. When we got back to the Oasis centre we all had a picnic on the floor which rounded the day off perfectly". Hayley a qualified Nursery Nurse has worked at the Centre for two years and is a popular member off staff.

For details about the Nursery please ring 01945 428660 or e-mail helen.thorpe@cambridgeshire.gov.uk

## Leaving Party

Twenty children were given a special leaving party at the Oasis Nursery. The Nursery staff felt quite emotional as they had looked after the children for many years and they had become a major part of their lives. All of us at the Oasis Centre would like to wish all the children every happiness in their new schools and good luck in the future. This does mean that the Nursery will have spaces available. If you are interested please contact **Helen on 01945 428660.**

## Advice for Parents at the Oasis

Being a parent is a on going process, which raises many questions or situations you may want to seek advice or support about . The Oasis Childrens Centre is holding an informal drop in session every Wednesday morning at 9.30am to 11.00.am starting from September. Free tea and coffee is available with access to information on children and family matters. Please feel free to pop in and use this service to find out what is on offer in your local area.



## Jokes

Q. How do you catch a squirrel?  
A. **Climb up a tree and act like a nut.**

Q. How do Hedgehogs play leapfrog?  
A. **Very carefully**

Q. What kind of button won't unbutton?  
A. **A bellybutton!**

Send us your favorite jokes to  
nik@theoasiscentre.co.uk

## Kids Corner Secret word quiz

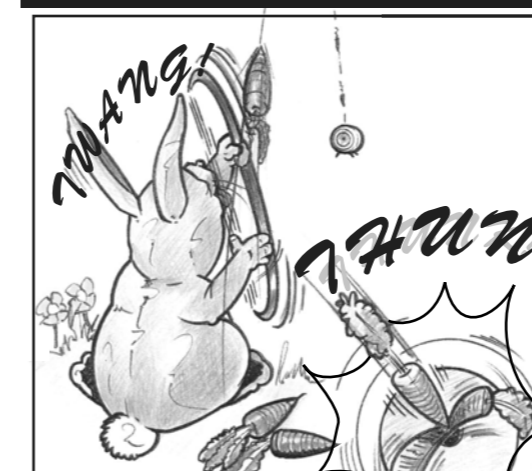
TESCOP  
ERIVER  
CAUKEO  
VTESRR  
HOUSTE

Find all five words connected with Wisbech in the word quiz. The letters left spell one other historical place in Wisbech. These secret words will appear over the next five months and the first person to send all five in to us will win a MP3 player.

RIVER, TRUST,  
TESCO, TREE, RAT

Write the second secret word

## Nutrat and the Roundabout Bunnies...



How the Bunnies laughed as Nutrat walked to the stage, they knew he didn't stand a chance.



However as Nutrat got his nuts out and began to juggle. They knew they had lost.



The bunnies had entered the Talent show and knew their expert shooting skills would Win 1st prize!